

---

**Expressions of Interest for our “Step into Spring” celebration**

1 message

---

**Ana Vivian** <ana.vivian@tasman.govt.nz>

Wed, Aug 2, 2023 at 3:21 PM

Hi There,

We are now taking expressions of interest for people, groups, clubs to become a part of our “Step into Spring” celebration.

Are you able to host a free guided walk or physical activity within the month of October? Do you know someone that can? Anything considered. Be as inventive or creative as you like. You could host a pram walk, outside yoga, dog walk, business tour, story walk, op shop walk, community garden walk, farm walk, street art walk. The options are endless.

“Step into Spring” is an initiative between the Health Action Trust, Top of the South Neighbourhood Support, Te Whatu Ora Nelson Marlborough, and both Nelson and Tasman Councils. This awesome month-long event encourages social connection, community spirit and promotes the positive benefits of walking/activity for physical and mental health. Guided walks and activities also increases the confidence of our community to start exploring what our region has to offer.

Please contact me [ana.vivian@tasman.govt.nz](mailto:ana.vivian@tasman.govt.nz) by 31st August if you are able to help. We will then promote and add your walk/activity to our Step into Spring Calendar.

Your contribution to our community's wellbeing will be very much appreciated.

Thanks very much

Nga Mihi

Ana

**Ana Vivian**

Community Partnerships Officer

Call +64 3 543 8400 | [ana.vivian@tasman.govt.nz](mailto:ana.vivian@tasman.govt.nz)

Private Bag 4, Richmond 7050, NZ



This e-mail message and any attached files may contain confidential information, and may be subject to legal professional privilege. If you are not the intended recipient, please delete