

Subject **Latest News from Age Concern Nelson Tasman**
From Age Concern Nelson Tasman <support@ageconcernmt.org.nz>
To <info@ourmapua.org>
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NewsAgent



Kia Ora Koutou

I hope this e-bulletin finds everyone keeping warm with this frosty spell that we're having!

This time of year is the start of our new financial year, and we're busy planning our work for the upcoming 12 months.






It's been wonderful to see so many Matariki celebrations this year, and we've been doing our own reflecting and celebrating in the office - looking back at what we've achieved, and forward to where we think the focus needs to be. Read on to find out more....

Nga mihi

Caroline Budge, Manager

AgeConnect Champions Awards

These awards are to recognise and celebrate those wonderful people, businesses and organisations who help to keep our older community members feeling connected. They help to provide older people with the opportunity to feel part of our communities which contributes to their wellbeing. These awards often reveal acts of generosity and kindness that sometimes the wider public do not know about. Entries close on 31 August 2021. The categories are:

	Community Connections Champion - a group or organisation that is providing programmes, education, activities or a setting for older adults.
	One Person Makes a Difference Champion—recognising how one person's actions can make a significant difference to the life of an older person.
	Intergenerational Champion—young people in our community doing something to support older people in our region.
	Age-Friendly Environment Champion—in recognition of making the physical environment more age-friendly or developing a setting that connects older adults to the environment.
	60+ Employer Champion –to celebrate businesses who willingly employ staff over 60 years

Nominate your Champion at www.ageconnect.org.nz or email ageconnect@ageconcernnt.org.nz

Meet our new Office Administrator

We're delighted to introduce Liz Aitken to the team at Age Concern Nelson Tasman. Liz joined us in early July as our Office Administrator, having recently moved to the region from Tauranga with her husband and three young boys. Liz will be working four mornings a week. Pop in and say hello!

We have an exciting programme of Monday Information Sessions planned for June and July this year. See below for all the details. If you are interested in attending please contact Marnie on 544 7624 ext 5 or ageconnect@ageconcernnt.org.nz.

Monday Info Sessions

Date	Information Session	Time
23 August	Citizens Advice Bureau Most Kiwis have heard of the Citizens Advice Bureau, but do you really know what they do?	10am-11.30am
30 August	Blind Low Vision: Roy Myers will explain the organisation services, free registration subscription and how they support people with no or limited sight. A demonstration on equipment and accessories will be included.	10am-11.30am
27 Sept	Heather Thomas talks about the social history entranced in the 'stuff' we accumulate. She shares her journey, explaining why our social history is important, and inspiring you to consider what you're doing (or not doing!) with YOUR stuff!	10am-11.30am
4 October	Deaf Aotearoa: Come along and find out about their services and some of the equipment and accessories	10am-11.30am

For any further information or to register please phone Marnie on 5447624 ext 5 or email ageconnect@ageconcernnt.org.nz.
All Sessions held in Age Concern Hall and cost \$3.



62 Oxford Street, Richmond, Nelson
www.ageconcernnt.org.nz

Volunteer cyclists - we need you!



Do you enjoy cycling and have a good level of fitness, balance and enjoy volunteering? We are looking for volunteers to help launch this wonderful programme, offering rides on an electric rickshaw weekly. If you think this may be an opportunity for you to make a difference in your community, or would like to know more, please contact Marnie Brown on (03) 544 7624 ext 5 or email: ageconnect@ageconernnt.org.nz

Beyond the Face Exhibition now at the Nelson City Council



The Exhibition has completed its run at the Elma Turner Library and is currently on display in the Nelson City Council building window display, visible from Trafalgar Street. Please take the chance to pop along and have a look.

The Beyond the Face Exhibition was such an overwhelming success and got such a powerful response that we intend doing it again next year. If you are interested in being part of this or know someone who is, please contact Miriam on 5447624 ext 6 or support@ageconcernnt.org.nz

TechConnect classes

Intrepid learners have been getting to grips with technology in our recent TechConnect classes that finished last week. For 5 weeks they learned everything from accessing books online, to taking photographs and keeping in touch with loved ones. Special mention must go to Kelly (below right) who at the age of 97 is making sure she's keeping up-to-date!





Wellby is being launched

We're really excited to be one of the project partners behind a new community initiative that's promoting social connection. Wellby is being launched at the end of July, so look out for this logo and more information about how you can get involved. Our next e-bulletin will have lots more information!



Everyone belongs

Upcoming Driving Courses



Staying Safe Driving Course

Are you an older driver who would like to brush up on your road knowledge or do you know someone who does? Upcoming dates and locations for Staying Safe Driving are:

- **Monday 16 August** 9.30am-12.30pm, Tapawera Voluntary Fire Brigade Meeting Room, Main Road, Tapawera.

- **Wednesday 8 September**, Murchison Recreation Centre, Murchison
10am – 12.30pm.

CarFit Course

Does your car fit you? Learn why the proper fit in your vehicle is essential for both your safety and the safety of others on the road.

This session is a great follow up to the Staying Safe Driving Course. Our next CarFit is on:

- **Friday 28 July**, Hockey/Softball Carpark, Saxton Field, 10am-3pm.
Bookings required.

If you would like to attend any of these workshops please register with us by contacting Jackie on (03) 5447624 ext 4 or emailing community@ageconcernnt.org.nz



Inspiring Older Persons



This is a lovely story about an ongoing act of kindness from an older person bringing joy to young children. I would love to find one of these myself? [Click here](#) to find out more.

We are very grateful to all our funders and sponsors





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Our mailing address is:

Age Concern Nelson
62 Oxford Street
PO Box 3381
Richmond, 7020
New Zealand

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